

ANFIELD BICYCLE CLUB (formed March 1879)

OFFICIAL ROUTE CARD 2018

100 MILE TIME TRIAL

INCORPORATING THE VTTA NATIONAL 100 TIME TRIAL



A SPOCO COUNTING EVENT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations
SPRING BANK HOLIDAY MONDAY 28th May 2018
Starting at 0600hrs



PRIZES

SCRATCH PRIZES

1st Prize W R Donovan Trophy to be held for 1 year +
£100.00

2nd Prize £75.00

3rd Prize £40.00

4th Prize £30.00

5th Prize £20.00

FASTEST ON FIXED £10.00

FASTEST TANDEM £20.00

FASTEST WOMAN £100.00 donated by Alyson
France & Co and Elaine Hancock Trophy to be held for
1 year

1st Trike £20.00 (must finish TA(NW) 50)

TEAM PRIZES

1st Team of Three The Ernie Davies Memorial Cup
to be held for 1 year + Certificates

2nd Team of Three Certificates

VETERAN PRIZES

Age 40-49 on standard £20.00

Age 50-59 on standard £20.00

Age 60-69 on standard £20.00

Age 70+ £20.00

1st Overall on time £20.00

1st Overall on standard £20.00

VTTA AWARDS

Men Gold, Silver and Bronze Medals

Women Gold, Silver and Bronze Medals

Winning VTTA Group Team Gold Medals

Winning Club Team Gold Medals

All based on Standard Times

Overall Winner on Standard Champions Jersey

Officials

Event Secretary Peter Catherall 49 Elm Grove, Buckley, Flintshire CH7 2LU
07773587793 anfieldbc@gmail.com

Chief Marshal Nigel Fellows 07854647531 fellows2708@gmail.com

Course Marshalls J Rees Hughes Derek Lewis

Timekeepers Gill Morrison Kate Wooder Dom McGuinness



ARRANGEMENTS

EVENT HEADQUARTERS -

Shawbury Parish Hall is located in Church Street which is the street opposite the Elephant & Castle pub.. No overnight parking/camping is permitted in the vicinity of the event HQ. Parking is available in the Hall's car park or the public car park across the road. If necessary, you may park on the perimeter track of the football pitch. Do NOT park on the pitch itself. Please do not block access ways or park on the blind bend outside the Hall.

The Hall is located close to houses and competitors should refrain from disturbing local residents by shouting, slamming car doors etc. Please leave your turbo trainers at home or find a quiet lay by to warm up in. The Hall has toilets and limited changing facilities. Cycling shoes are not permitted in the main hall.

Numbers (back and arm) are available at the signing on desk in the Hall. Please remember to sign on and receive any other instructions. Please note that ALL riders are now required to SIGN OUT within a reasonable time after finishing the event.

START

The start is approximately 3 miles distant from the HQ at a lay-by on the A53 between Shawbury and Espley. Please allow sufficient time to sign on and arrive at the Start before your starting time. Do not obstruct the highway whilst waiting for your turn to start and keep well in to the left of the road or stand on the verge. Take care when pulling away.

U-turns are not permitted on the A53 in the vicinity of the Start and any rider observed infringing this rule will not be allowed to start.

SAFETY

Riders are reminded to ride with their heads up. You are provided with high visibility race numbers and you should wear them in accordance with Regulation 16 for your own safety. Please wear your arm number on your LEFT arm. You will pass over Sandford Bridge on the A41 on your way to Prees heath and on your way back to Tern Hill. The advisory speed limit is 30 mph but motorists may exceed this. This stretch of road is narrow and twisty so please exercise caution and do not 'undertake' traffic and avoid bunching up. All riders should obey the rules of the road and not indulge in any dangerous manoeuvres ANYWHERE ON THE COURSE.

Marshals and Timekeepers will remain on the course until all riders have finished.

In the interests of your own safety, Cycling Time Trials and the event organisers advise you to wear a HARD SHELL HELMET that meets internationally accepted safety standards.

In accordance with Regulation 15, ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

FINISH

The Finish is on the A53 at the northern end of the lay-by some 1.87 miles from Shawbury corner (junction of the A53 and the B5063). It will be indicated by a checkerboard sign and will follow signs indicating from 5 to 1 mile to go. When you cross the Finish line please do not stop but continue on to the HQ Please call out your number as you cross the Finish line.

DRINKS

We will provide a bottle service for riders without their own support. The drinks station will be located on the A442 approximately half way between Crudgington and Espley. Riders will pass this point at approximately 40, 57.6, 75 and 92.5 miles and can request a bottle to be handed to them at one or more passes of the station. Please hand in your bottle(s) when you sign in and please label each bottle (including bottles you start with) clearly with your race number and which lap of the circuit you want it to be handed to you. A race official (signposted Feeding Station) will be located some distance ahead of the station and will be in radio contact with the actual drinks station. If you want a bottle, please shout your number to the official as you pass so that the Drinks Team can have your bottle ready for you when you reach the drinks station. You must enter the lay-by and be prepared to slow down or stop in order to receive your bottle. Empty bottles may be left at the station and these will be returned to HQ for you to collect. Please note that we must receive your bottles by 07.15 so that we can get them out to the drinks station in time. Riders who have support may be handed drinks at any SAFE place on the course but they must observe the CTT regulations regarding following cars. The appropriate form for registering following cars will be available at HQ.

RESULTS & REFRESHMENTS

The results will be displayed on a board at HQ as and when they are received. Competitors are reminded to return their numbers to the signing in desk and sign out. Hot drinks and various snacks will be on sale. Please note that some of the snacks may contain traces of nuts.

PROSCRIBED SUBSTANCES

Please note that, at the behest of CTT, more and more events are being attended by UKAD and riders tested for proscribed substances. The Anfield fully support UKAD and will not tolerate the use of proscribed substances. Should the event be subject to Dope Control, it is up to you to check whether or not you are required to provide a sample. The race number of those selected for testing will be displayed on a board adjacent to the Results Board.

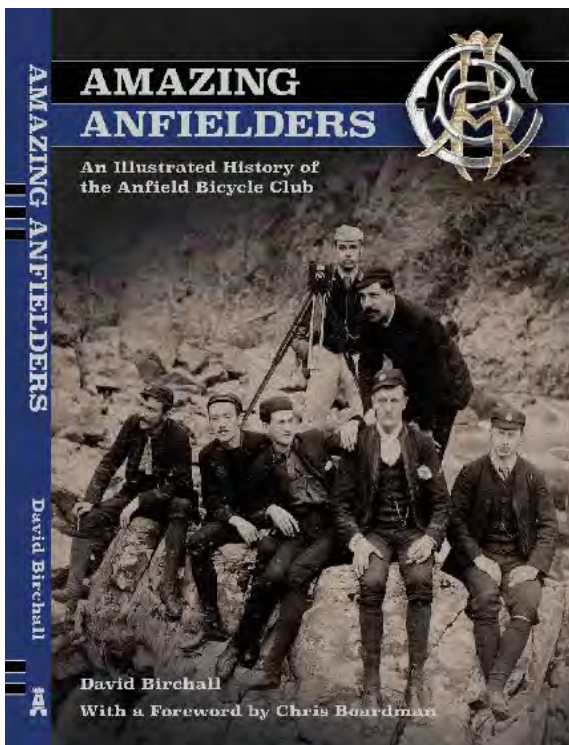
AWARD CEREMONY

For the sake of brevity, only the overall winner and the fastest lady will be presented with their trophies. And we aim to hold the ceremony no later than 13.00. The VTTA presentations will follow immediately.

ALL CTT REGULATIONS WILL BE ENFORCED.

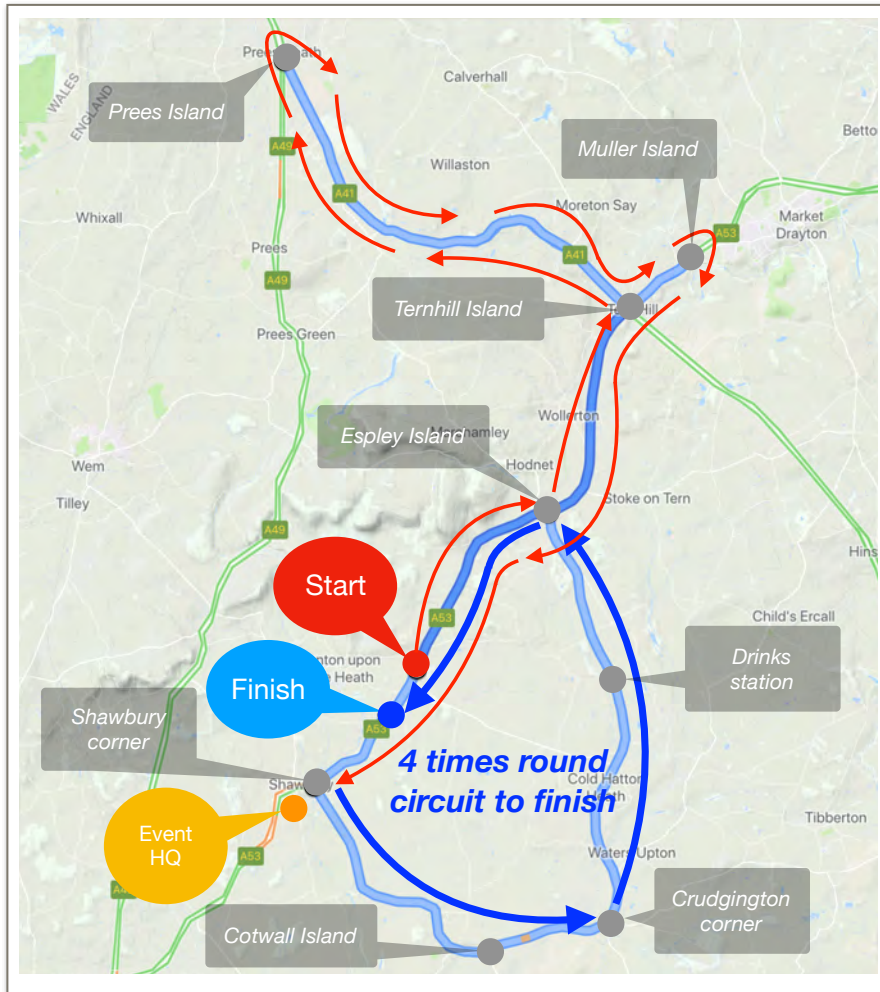
PAST WINNERS OF THE ANFIELD HUNDRED (Event Record shown *)

Paced Events							
1889	PC Wilson, Catford CC	7:11:00					
1890	No Event						
1891	JA Bennett, Anfield BC	6:25:54 *					
1892	JA Bennett, Anfield BC	5:46:50 *					
1893	RH Carlisle, Anfield BC	5:58:06					
1894	JA Bennett, Anfield BC	6:03:04					
1895	WM Owen, Anfield BC	5:23:18 *					
1896	WE Gee, M'chester Wed	4:59:30 *					
1897	WE Gee, M'chester Wed	5:07:00					
1898	FR Goodwin, North Road CC	5:01:31					
1899	WE Gee, Manchester Wed	6:05:2					
Unpaced Events							
1900	WH Nutt, North Road CC	5:38:47 *					
1901	RS Cobley, North Road CC	5:25:00 *					
1902	WH Nutt, North Road CC	5:36:03					
1903	EJ Amooore, Bath RC	5:33:25					
1904	FH Wingrave, North Road CC	5:23:02 *					
1905	FH Wingrave, North Road CC	5:18:15 *					
1906	WM Bailey, Polytechnic CC	5:19:20					
1907	FH Wingrave, North Road CC	5:17:44 *					
1908	EA Merlin, Polytechnic CC	5:19:30					
1909	RH Etherington, Bath CC	5:13:05 *					
1910	C Moss, Midland C & AC	5:17:36					
1911	C Moss, Midland C & AC	5:11:52 *					
1912	C Moss, Midland C & AC	5:11:12 *					
1913	HH Gayler, Polytechnic CC	5:05:51 *					
1914	HH Gayler, Polytechnic CC	4:59:08 *					
1919	MG Selbach, Unity CC	5:15:39					
1920	WH Genders, Midland C & AC	5:09:50					
1921	JW Rossiter, Century RC	5:06:28					
1922	WT Burkhill, Midland C & AC	5:05:13					
1923	A Wilson, Hull Thursday CC	5:11:47					
1924	A Wilson, Yorkshire RC	5:03:04					
1925	A Wilson, Yorkshire RC	4:55:31 *					
1926	FW Southall, Norwood Paragn	4:55:10 *					
1927	FW Southall, Norwood Paragn	4:47:21 *					
1928	FW Southall, Norwood Paragn	4:56:26					
1929	A West, Bath RC	4:51:18					
1930	GB Orrell, Anfield BC	4:56:34					
1931	HJ Townsend, Speedwell BC	4:53:10					
1932	C Holland, Midland C & AC	4:48:00					
1933	GB Orrell, Anfield BC	4:45:37 *					
1934	C Holland, Midland C & AC	4:41:18 *					
1935	JE Carr, Anfield BC	4:48:19					
1936	C Holland, Midland C & AC	4:33:29 *					
1937	HH Pickersgill, Vegetarian C & AC	4:32:13 *					
1938	R Firth, Bronte Wheelers	4:33:36					
1939	R Firth, Bronte Wheelers	4:35:34					
1946	RJ Maitland, Solihull CC	4:43:09					
1947	R Firth, Altrincham RC	4:27:00 *					
1948	J Baines, Lancaster CC	4:36:12					
1949	H Harding, Walton C & AC	4:34:24					
1950	J Baines, Notts Falcon CC	4:28:51					
1951	W Kinghorn, Cheshire RC	4:28:29					
1952	K Joy, Medway Whlrs	4:15:57 *					
1953	JF Cockayne, Nottingham W	4:25:12					
1954	R Oliver, L'pool Centry RC	4:24:06					
1955	JN Wyatt, Mersey RC	4:29:45					
1956	K Pickford, Mercury RC	4:23:53					
1957	W Bradley, Southport RC	4:19:12					
1958	B Morris, Mid Shrops W	4:21:24					
1959	RC Booty, Ericsson W	4:18:56					
1960	L Logan, Mercury RC	4:15:33 *					
1961	HD Middleton, East L'pool W	4:13:56 *					
1962	RC Booty, Ericsson Whlrs	4:18:15					
1963	R Spencer, Warrington RC	4:30:10					
1964	HD Middleton, Kirby CC	4:20:57					
1965	R Spencer, Warrington RC	4:16:18					
1966	MW Potts, Derby Wheelers	4:11:47 *					
1967	DF Short, L'pool Eagle RC	4:13:52					
1968	A Boden, Oldbury & D't CC	4:10:49 *					
1969	D A Stalker, Feltham RC	4:21:20					
1970	R Spencer, Warrington RC	4:20:14					
1971	A Creaser, Hull Thursday RC	4:08:39 *					
1972	K Apter, L'pool Mercry RC	4:16:18					
1973	MW Potts, LongEaton Paragon RC	4:11:59					
1974	DJ Allen, B'head NECC	4:04:49 *					
1975	DJ Allen, B'head NE CC	4:12:03					
1976	F Lyon, Kirkby CC	4:06:17					
1977	A Roberts, Chester RC	4:14:18					
1978	N Powell, Gannet CC	4:15:41					
1979	L Orrick, Coventry CC	4:20:10					
1980	RG Iddles, Stourbridge CC	4:05:46					
1981	PW Griffiths, GS Strada	3:57:53 *					
1982	D Lloyd, M'chester Whlrs	3:47:10 *					
1983	DA Horton, Halifax RC	4:01:47					
1984	RG Iddles, M'chester Whlrs	3:57:43					
1985	C Shorter, Team Mirage	4:04:57					
1986	CM Mellor, Holme Valley W	4:21:50					
1987	IS Cammish, M'chester Whlrs	3:59:28					
1988	SC Edney, Warwickshire RC	4:03:51					
1989	D Smith, M'chester Whlrs	3:59:02					
1990	A Wilkinson, P Sunlight Whlrs	4:07:35					
1991	A Wilkinson, P Sunlight Whlrs	3:53:22					
1992	A Wilkinson, P Sunlight Whlrs	3:50:24					
1993	A Wilkinson, P Sunlight Whlrs	3:59:04					
1994	A Wilkinson, P Sunlight Whlrs	4:00:01					
1995	A Wilkinson, P Sunlight Whlrs	4:08:28					
1996	A Wilkinson, P Sunlight Whlrs	4:00:05					
1997	D Birch, Stourbridge CC	3:59:22					
1998	D Birch, Stourbridge CC	3:54:50					
1999	D Birch, Stourbridge CC	3:57:47					
2000	N.Pearnt, On The Edge RT	3:57:33					
2001	K.Murray, Steve Goff Frames	3:53:38					
2002	G Butler, Preston Whlrs	3:48:52					
2003	G Butler, Preston Whlrs	3:53:48					
2004	N Gardiner, TimeTrial.co.uk RT	3:51:39					
2005	M Cox, V C St Raphael	3:54:13					
2006	N Gardiner, John's Bikes	3:54:31					
2007	No Event						
2008	A Bason, Wrekinsport CC	3:44:13 *					
2009	A Wilkinson, P Sunlight Whlrs	3:42:00 *					
2010	A Bason, Team Pedal Rev.co.uk	3:44:12					
2011	A Bason, Team Pedal Rev.co.uk	3:41:07 *					
2012	R Handley, Rapha Condor Sharp	3:46:08					
2013	J Tanner, Strategic Lions	3:45:45					
2014	N Haigh, Strategic Lions	3:47:19					
2015	S Irwin, North Lancs RC	3:46:02					
2016	R Perry, Langdale Lightweights RT	3:33:20 *					
2017	A Dugglesby, Vive Le Velo	3:31:08 *					



‘An Illustrated History of the Anfield Bicycle Club’ by David Birchall with Foreword by Chris Boardman; published by Amberley, 96pp, 200 photos, rrp £14.99. £10 at Event HQ. ‘A delightful book’; ‘Wonderful’, ‘A history of club cycling’.

Course Details D100/2)



Total mileage	inter mileage	
0.00	0.00	START - On A53 at lay-by circa 3 miles from HQ
3.116	3.116	A53 to Espley Island. Straight across to:
6.449	3.333	Tern Hill Island. Turn left on A41 to:
13.373	6.924	Prees Island. Encircle island and retrace to:
20.430	7.057	Tern Hill Island. Turn left on A53 to:
21.602	1.172	Mullers Island. Encircle and retrace to:
22.832	1.230	Tern Hill Island. Straight on (A53) to:
31.634	8.802	Shawbury Corner (1st pass). Left along B5063 to:
35.554	3.920	Cotwall Mini Island. Left along B5062 to:
37.424	1.920	Crudgington. Left on A442 to:
43.734	6.250	Espley Island. Left on A53 to:
49.194	5.460	Shawbury Corner (2nd pass)
66.754	17.560	Repeat circuit to Shawbury Corner (3rd pass)
84.314	17.560	Repeat circuit to Shawbury Corner (4th pass)
88.234	3.920	Left (B5063) to Cotwall Mini Island. Left, B5062 to
90.154	1.920	Crudgington. Left on A442 to:
96.414	6.250	Espley Island. Left on A53 to:
100.0	3.586	FINISH at layby on A53 (1.874 miles NE of Shawbury Corner).